

**Annual Statewide  
Self-Advocacy Conference  
Friday & Saturday  
May 1st & 2nd, 2015**

Presented by: Supported Life Institute & State Council Sacramento Office

# **“Celebrate Self-Advocacy”**



## **Conference Sponsors:**

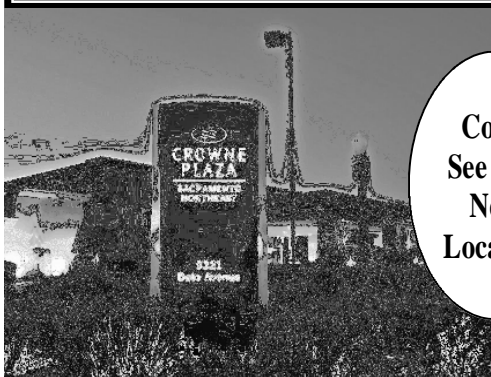
### **Gold**

Disability Rights California  
SEIU CA Dev. Disabilities Council

### **Silver**

New Directions Travel

**From the Statewide Self-Advocacy Conference Planning Committee**



**Come  
See Our  
New  
Location**












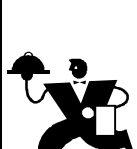

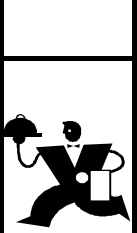















## **Crowne Plaza Hotel Sacramento, CA**

**Hotel & Conference Rooms All in One Building!**

# 20th Annual Statewide Self-Advocacy Conference Preliminary Program

## FRIDAY, May 1, 2015

## SATURDAY, May 2, 2015

	8:00	REGISTRATION BEGINS		8:00	REGISTRATION BEGINS
	9:00	WELCOME <i>Featuring: Statewide Self Advocacy Conference Committee</i>		9:00	WELCOME <i>Featuring: Statewide Self Advocacy Conference Committee</i>
	Keynote: Laura Nagle "Hope"			Keynote: Michael John Valcour "My Life As An Entertainer"	
	10:00	EXPLORE THE INFORMATION & SALES FAIRE		10:00	EXPLORE THE INFORMATION & SALES FAIRE
	10:30	"OPEN MIC STUDIO" & LOUNGE OPENS		10:30	SESSION # 4
	10:30	SESSION # 1		11:45	LUNCH After Lunch, Feeling a little Full? Check-Out the "Bonus" Workshops w/ Yulissa Arescurenaga 
	11:45	LUNCH After Lunch, Feeling a little Full? Check-Out the "Bonus" Workshops w/ Yulissa Arescurenaga 		12:55	SESSION # 5
	12:55	SESSION # 2		2:00	SESSION # 6
	2:00	SESSION # 3		3:15	Closing: "Clips From the Conference" "Song Selection from Michael J. Valcour"
	3:30	Karaoke Contest		3:45	RAFFLE DRAWING
	6:00	DINNER		4:00	END OF DAY 2
	7:15	DATING GAME Presented By: SelfAdvocacy Council 6	<b>Keynote Speakers:</b>   Laura Nagle   Michael John Valcour		
	9:00	DANCE "Disco Fever"			
	11:30	END OF DAY 1			



## HOTEL ACCOMMODATIONS

Crowne Plaza Hotel  
5321 Date Ave.  
Sacramento, CA 95841



A special rate of **\$112.00 per night** is available for those attending **Statewide Self Advocacy Conference**. All rooms are subject to city tax and tourism assessment so please see our hotel reservation form for the exact totals that include all taxes and assessment fees.

- To make reservations, **contact the Crowne Plaza Hotel** directly **916-338-5800** ask for **Reservations** and make specific reference to the **Self Advocacy Conference**. To ensure receipt of this special rate, make reservations before **April 17, 2015**.
- There is ample free parking at the hotel.
- **Super Shuttle** provides Airport shuttle service to the hotel. Call them for fee information (800) 258-3826



Every Guest of the Crowne Plaza Hotel  
Enjoys a Complimentary Hot Breakfast Buffet  
Each Morning of Their Stay!

(Conference provides Friday & Saturday Lunch and Friday Dinner)

Mail your *Conference Registration Form*  
& *Medical/Support Needs Form* +  
check/money order **by April 17th** to:

**"Supported Life Institute"**  
2025 Hurley Way, Suite 105  
Sacramento, CA 95825



**Group Discount !!!**

**Groups: Register 5 people  
& receive 1 support staff FREE**

**All Group Registrations Must Be Received Together**

### **Conference registration Cancellations/Substitutions:**

Written cancellations may be made until  
April 17, 2015 and will be refunded minus a  
25% administrative fee.

Requests for refunds (incl. for "no-shows")  
will not be accepted after April 17th.

With advance notice,  
substitutions are welcome.

The Supported Life Institute will send a written **confirmation** of  
your conference registration.

**Questions?**  
Call the Supported Life Institute at  
**916-567-1974.**

**NOTE:** There will be a videographer/photographer at the conference taking  
videos of conference activities and in the Open Mic Studio. Segments of these  
tapes will be shown during the conference and may be used to create a DVD of  
conference highlights. If you do not want your picture to be used, please let us  
know at the conference registration desk.

### **TRANSPORTATION TO THE CROWNE PLAZA HOTEL IN SACRAMENTO**

- ◆ From Airport to Hotel and back, contact **Super Shuttle** for Schedules and Fares: 800-258-3826.  
(Super Shuttle may need advance notice to have enough wheelchair-equipped vans available.)
- ◆ Contact **ParaTransit** 916-429-2009 about travel from **Greyhound or Amtrak** stations to Hotel & back:  
(best to call weeks ahead to register and set up a "client record," if you are from out of town)




**CONFERENCE REGISTRATION FORM - SIDE A (Side B Med/Supp Over → )**  
**Statewide Self-Advocacy Conference - May 1, and 2, 2015 (Sacramento)**  
**Deadline: April 17, 2015 \***

\* If a Regional Center is paying your registration, they may have an earlier deadline.  
 Please call your Regional Center right away.

Everyone who attends the conference must pay the registration fee.  
 This includes self-advocates, speakers, family members and support people.

1. NAME: \_\_\_\_\_
2. SELF-ADVOCACY GROUP (People First Chapter)? : \_\_\_\_\_
3. ADDRESS: \_\_\_\_\_
4. CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_
5. DAYTIME PHONE: (\_\_\_\_) \_\_\_\_\_
6. Are you a:    ☐ Self-Advocate    ☐ Family Member    ☐ Support Person
7. When will you be coming:   ☐ Both Days 1- 2 or   ☐ Fri 1st or ☐ Sat 2nd
8. Do you use a wheelchair for mobility:   ☐ Yes    ☐ No
9. Other accommodations you request from the Conference: (Must be Received by April 10, 2015)  
☐ Sign language interpreting services   ☐ Accommodations for conference materials \_\_\_\_\_  
☐ Vegetarian meals   ☐ Other specially prepared food \_\_\_\_\_
10. Conference Registration: (for Regional Center use only: Vendor # : P63905)

Send this form w/payment to: Supported Life Institute, 2025 Hurley Way, Suite 105, Sacramento, CA 95825

Conference Registration Fee (Does not include hotel sleeping room)	by 4/17/15	After 4/17/15
<b>Two Day Conference</b> - Arrive <u>Friday</u> at 9:00 a.m.	\$275.00	\$290.00
<b>One Day Conference</b> - Arrive Either Day at 9:00 a.m.	\$260.00	\$275.00
 <b>Group Discount !!!</b> Groups: <u>Register 5 people &amp; receive 1 support staff FREE</u> All Group Registrations Must Be Received Together	Buy 5	Get 1 Free

## MEDICAL/SUPPORT NEEDS FORM - SIDE B

The goal of the Conference Planning Committee is for everyone attending this year's conference to have a positive, educational and safe experience. The information provided below will be folded into each badge holder for ready access in the case of an emergency. The conference registration desk will also maintain a copy of this information for the duration of the event.

**Individuals needing special assistance or supervision must be accompanied by a support person. All supervision, medical, and personal care needs are the responsibility of each conference participant.**

1. Name of Registrant : \_\_\_\_\_

☐ Self-Advocate    ☐ Family Member    ☐ Support Person

2. In case of serious emergency, please list a contact person who is not attending the event and is available by phone during the general times and dates of the conference.

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Daytime Phone: (\_\_\_\_) \_\_\_\_\_ Evening Phone: (\_\_\_\_) \_\_\_\_\_

3. Do you have any medical or personal needs which require the assistance of a support person?:

- ☐ Yes (If yes, please answer questions 4-6 below.)  
☐ No (If no, the rest of this form is optional.)

4. Name of your support person at the conference: \_\_\_\_\_

Support person's cell phone number: (\_\_\_\_) \_\_\_\_\_

5. Medications? Include type, dosage, amount, purpose, (attach a separate list if necessary):

\_\_\_\_\_

6. Do you have seizures?: ☐ No ☐ Yes (please describe the type of seizures, frequency, any intervention which should be done immediately after a seizure, and whether you have ever required hospitalization for a seizure):

\_\_\_\_\_

\_\_\_\_\_

## HOTEL RESERVATION FORM

### **Credit Card?** (You don't need to fill out this form)

Call the hotel directly - 916-338-5800 ask for Reservations, mention the "Statewide Self Advocacy Conference"

### **Check or Money Order?**

Complete this form. Make check or money order payable to "Crowne Plaza Hotel."

Send this form with the total payment for all the people in the room to:

Crowne Plaza Hotel, 5321 Date Ave., Sacramento, CA 95841. Attn: Reservations

(For Regional Center Use Only - Vendor: Crowne Plaza Hotel (Pending) Contact the us for more information (916) 567-1974)

1. NAME: \_\_\_\_\_

2. ADDRESS: \_\_\_\_\_

3. CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

4. DAYTIME PHONE: ( \_\_\_\_\_ ) \_\_\_\_\_

5. Arriving: ☐ Thursday, April 30 or ☐ Friday, May 1

6. Do you request your room be "handicapped accessible:?" ☐ Yes ☐ No

There are only a limited number of handicapped accessible rooms available.  
The hotel will meet this request on a "first come, first served" basis.

7. There will be (circle one): 1 2 3 4 people : ☐ Thu & Fri or ☐ Thu only or ☐ Fri only

### **HOTEL RESERVATION FEES – Must be received at the Crowne Plaza by 4/17/15**

Price includes: hotel room & tax.

	1 Person/Room (1 bed/room)	2 People/Room (2 beds/room)	3 People/Room (2 beds/room)	4 People/Room (2 beds/room)	Total Cost/Room
Friday Night Only	\$128.09/person	\$64.05/person	\$42.70/person	\$32.03/person	1-4 people/room \$128.09
Thursday & Friday	\$256.18/person	\$128.09/person	\$85.40/person	\$64.05/person	1-4 people/room \$256.18

8. I am enclosing fees for the following reservation:

My Name: \_\_\_\_\_

Roommate # 1: \_\_\_\_\_

Roommate # 2: \_\_\_\_\_

Roommate # 3: \_\_\_\_\_

Total Fees Enclosed:

\$

# CONFERENCE SESSIONS - Statewide Self-Advocacy Conference (Sacramento)

**Friday, May 1, 2015**

Sessions #1 • 10:30 a.m. – 11:25 a.m.

**Saturday, May 2, 2015**

Sessions #4 • 10:30 a.m. – 11:25 a.m.

Using the DDS Safety Net: Tools for a Healthier & Safer You! <i>Michelle Hulse</i>	Emotions of Autism <i>Laura Nagle</i>	4
Sharing Your Story - The Greatest Tool of Advocacy <i>Laurie Hoirup</i>	Relationships - A Happy One is a Loving One (Repeat) <i>Herb Hastings, Reg. Ctr. of the East Bay</i>	
Working with CP <i>Nikki Mowrer</i>	The Power of Your Vote is Yours! <i>Marinda D. Reed/ Scott Barron, Disability Rights California</i>	1
Self- Advocacy Training Theater <i>Statewide Self Advocacy Conference Planning Committee</i>	Self-Advocacy Training Theater <i>Statewide Self Advocacy Conference Planning Committee</i>	
Getting a Loan for Your Microenterprise <i>Lending Works Inc.</i>	My Self-Advocacy Journey <i>Krisi Franzone, Office of Clients' Rights Advocacy</i>	

**Friday, May 1, 2015**

Sessions #2 • 12:55 a.m. – 1:50 p.m.

**Saturday, May 2, 2015**

Sessions #5 • 12:55 p.m. – 1:50 p.m.

Relationships - A Happy One is a Loving One <i>Herb Hastings, Reg. Ctr. of the East Bay</i>	Diabetes Basics <i>Pattie Simpkins</i>	
25th Anniversary of the ADA! <i>OCRA/DRC</i>	Speak Up! The Power of Speaking Up! <i>Self-Advocacy Council 6</i>	5
My Journey to Board Membership <i>Sylvia Delgado</i>	Self-Advocacy Trick of the Trade <i>People First of WineBev</i>	
Self-Advocacy Training Theater <i>Statewide Self Advocacy Conference Planning Committee</i>	Self-Advocacy Training Theater <i>Statewide Self Advocacy Conference Planning Committee</i>	
How to Use an Ipad for Job Development <i>Charles McCarron</i>	Green Water Garden - More than Just a Job <i>LeRoy Clarke</i>	

**Friday, May 1, 2015**

Sessions #3 • 2:00 p.m. – 2:55 p.m.

**Saturday, May 2, 2015**

Sessions #6 • 2:00 p.m. – 2:55 p.m.

Self Advocacy for Self Advocates <i>Laura Nagle</i>	Self-Determination <i>Statewide Self-Advocacy Network, SCDD</i>	3	6
Employment First <i>Statewide Self-Advocacy Network, SCDD</i>	Be Ready for an Emergency! <i>Robert Rogers, State Council Sacramento Office</i>		
Transition and Youth Advocacy <i>Margie Garetz</i>	Self-Advocacy Training Theater <i>Statewide Self Advocacy Conference Planning Committee</i>		
Life in a Facility <i>Zachary Miller/Tracy Morar</i>	Transition to College or Work <i>Lisa Cooley</i>		

